April 2019

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Dear East Hills Families:

Well those April showers continue to bring the most beautiful assortment of spring flowers: creating a potpourri of color to our greening environment. I did a little Google search on the origin of the saying, "April Showers bring May flowers," and found out that ...it is a reminder that even the most unpleasant of things, in this case, the heavy rains of April, can bring about very enjoyable things indeed-in this case, an abundance of flowers in May.

April is also Autism Awareness Month and we are thrilled to be part of the many varied activities and events that are taking place around the district. Celebrating our unique qualities and differences is so dear to our hearts and our #ehcommunity continues to look for ways to enhance this philosophy and mindset of inclusivity.

*A Friend like Simon*, written by Kate Gaynor, is a lovely story told by a character named Matthew. Through heartwarming text centered on everyday school events, we learn how empowering the words echoed by children towards other children can be when it comes to being kind, inclusive and compassionate. We hope that this book sparks continued conversations with you.

As we prepare for our spring break on Wednesday, I hope that you continue to emphasize the power of positive words with your children so…here are a few to ponder...

"Beauty is in the eye of the beholder" "Who is Wise? One who learns from all people." "Every child is a different kind of flower, and all together make this world a beautiful garden." "Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in thinking creates love."

I can do things you cannot, you can do things I cannot, and together we can do great things."

Wishing everyone an empowering spring!

Fondly, **Melissa Krieger** Principal